



# Milwaukee County Senior Meal Program

## Senior Dining Sites Menu

## CONGREGATE

FEBRUARY

2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/3/14	2/4/14	2/5/14	2/6/14	2/7/14
<b>Super Bowl Winner Party</b> Grilled Bratwurst Calico Beans Mexican Corn Nachos with Cheese Brat Bun Choc Chip Peanutbutter Cookie D- Chilled Fruit Catsup and Mustard	<b>Chinese New Years</b> A. Teriyaki Chicken leg/thigh B. Breast/wing Chinese Fried Rice Sugar Snap Peas Parker House Roll Fortune Cookie Mandarin Oranges	Beef Barley Soup w/ crax Boneless Pork Loin w/ lite gravy AuGratin Potatoes Wisconsin Blend Vegt Multi Grain Bread Fruited Yogurt	Chicken Chili w/ oyster crax Mini Caesar Salad w/ dressing Garlic Bread Stick Warm Cinnamon Apple Slices Ice Cream Grated Cheese	Stuffed Cabbage Roll in Tomato Sauce Whipped Potatoes Wax Beans Hearty Rye Bread Banana Cream Pudding D-Banana
2/10/14	2/11/14	2/12/14	2/13/14	2/14/14
Grape Juice Veal Parmesan Penne Pasta w/ Garlic Butter Sauce Sicilian Vegetables Italian Bread Rice Krispie Treat D-Sliced Pears	Brunch for Lunch Fresh Naval Orange Omelet w/ broccoli cheese sauce Sausage Patty American Fried Potatoes Cinnamon Streusel Coffee Cake D- Raisin Bread	Glazed Ham Slice Baked Fresh Sweet Potato Brussels Sprouts Rye Dinner Roll Pineapple Tidbits	Meat Loaf w/ onion gravy Mini Bakers Swiss Spinach Carrot Raisin Salad Whole Grain Bread Snickerdoodle Cookie	<b>HAPPY VALENTINE'S DAY</b> <b>Bring a Friend !</b> Tomato Bisque with croutons Chicken Cordon Bleu Mashed Sweet Potatoes Green Beans Almandine Whole Grain Dinner Roll Pink Iced Devil's Food Cake D- Heart Healthy Red Apple
02/17/14	02/18/14	02/19/14	02/20/14	02/21/14
<b>Presidents Day</b> Yankee Pot Roast w/ celery and onions Parslied Quartered Potatoes Crinkle Carrots Corn Muffin Cherry Pie D- Canned Cherries	Mushroom Soup w/ crackers Ring Bologna Double Baked Potato Casserole Caraway Kraut Marble Rye Bread Chocolate Iced Brownie D- Sliced Peaches Catsup and Mustard	Stuffed Salmon w/cream sauce with peas Baked Potato Green Beans Crusty Dinner Roll Hawaiian Fruit Fluff D- Fruit Cocktail Sour Cream	Beef Chop Suey Seasoned Brown Rice Peas and Carrots Spinach Salad with raspberry dressing Multigrain Bread Mandarin Oranges	A. Herb Chicken leg/ thigh B. Herb Chicken breast/ wing Sour Cream Potatoes California Blended Vegt Dinner Roll Frozen Yogurt
02/24/14	02/25/14	02/26/14	02/27/14	02/28/14
Sliced Roast Pork w/ gravy Herb Stuffing 1/2 c Mashed Potatoes 1/2 cu Baby Peas No bread Cinnamon Applesauce	A. Beef Liver w/sauteed onions B. Salisbury Steak w/ sauteed onions Garlic Mashed Potatoes w/ bacon bit garnish Mixed Vegetables Whole Grain Bread Mixed Fruit Cup	Chicken a la King Brown Rice Stewed Tomatoes Baking Powder Biscuit Mixed Greens w/ dressing Lemon Pudding D- Reduced cal lemon pudding	A. Meat Lasagna B. Vegetarian Lasagna Seasoned Green Beans Whole Kernel Corn Garlic Toast Assorted Fresh Fruit	Chicken Orzo Soup w/ crax Turkey Cheese Burger Baked Beans Creamy Coleslaw Sliced Tomato and Onion Whole Grain Hamb Bum Sliced Peaches catsup and mustard
				<b>SUGGESTED DONATION \$2.50</b>